District 5 Meeting

Second Wednesday, 6:45 p.m. 1412 6th Street E Menomonie, WI Zoom ID: 716 081 9669 Password: 300 255

The District Meeting is where you can serve AA.

Get an **email subscription** or **share** you experience, strength and hope with a note, an article or a letter to: <u>thedistrictview@gmail.com</u>. See past editions of this newsletter at <u>www.district05.org</u>.

Support AA: Apple Pay, Cash-App, Google Pay, PayPal, Venmo and Zelle

Alcoholic Anonymous

Box 459, Grand Central Station, New York, NY 10163

District 05 PO Box 1902, Eau Claire WI, 54702

The District 5 View

Serving AA in Pierce, Pepin, Buffalo, Eau Claire and Trempealeau counties, and portions of Saint Croix, Dunn and Chippewa counties

www.district05.org www.area74.org thedistrictview@gmail.com

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March 2021

A story from District 5

'We have no idea how we impact people around us'

Recently I was asked to speak at a meeting in April, and in anticipation of sharing my story, I have been reflecting on my experience before and after coming to the rooms of AA.

What keeps coming back to my mind is the idea that we have no idea how we impact people around us.

My first sponsor, I believe, saved my life the day he showed up at the residential treatment facility I was in. I was there for treatment, he was there as a member of AA to carry the message.



Or maybe his sponsor told him he needed another

meeting that week. Or maybe he was restless, irritable, and discontent that morning and decided to show up. Maybe there was nothing intentionally helpful or spiritual in his actions at all.

Whatever his motivations, he showed up in my life that day and gave me his phone number. A few weeks later, after getting kicked out of treatment, af-(Continued on page 3)

In this edition:

- March Calendar of Events
- District 5 is hosting an Area 74 workshop. Join this virtual event.
- News from AA districts, area and General Services Office



Step 3 Made a decision to turn our will and our lives over to the care of God as we understood Him.

Updates available at <u>www.district05.org</u>

Send your updates to: webmaster@district05.org / thedistrictview@gmail.com

Special events:

Area 74 Delegate Workshop and Area Committee Meeting March 6 beginning at 10 a.m. Zoom ID: 841 1096 5882; Password: 121 2144. An in-person session is also scheduled. More information is available on the attached flyer.

March 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Accessibilities Committee 6 p.m. Zoom ID: 727 737 4935 Password: 111 680	4	5	6 Area 74 Delegate Workshop and Area Committee Meeting Zoom ID: 841 1096 5882; Password: 1212144
7	8 Treatment Committee , 6:45 p.m., Club 12	9	10 District 5 6:45 p.m. Zoom ID: 716 081 9669 Password: 300 255	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



News from AA districts, area and General Service Office

- How are things going in your home district? Read about it the February <u>District 5's committee</u> minutes.
- You can subscribe to the Area 74 newsletter, Now and Then, by contacting <u>area74newslet-</u> ter@gmail.com
- To keep up with the location of meetings in the district as well as information on which meetings you can attend online, be sure to visit <u>district05.org</u>.
- The new *Box 459*, a newsletter from the General Services Organization, is available <u>here</u>.
- Read the final report from the 2020 World Service meeting <u>"Sobriety Within Everyone's Reach."</u>
- The General Services Office is extending until March 15 its search for stories about "AA for the Older Alcoholic." See the attached flyer.

(Continued from page 1)

ter running out of options and having nowhere else to turn, I remembered that I had his phone number. I had no belief in AA, recovery or the idea that I could live happy, joyous, and free. I just knew I needed help and that this man had said I could call him.

Three years of continuous sobriety and recovery through the program of AA later, I remain good friends with this man though he is no longer my sponsor. I'll never be able to articulate my appreciation for the simple action he took that day by showing up at a meeting and offering his phone number. I don't know that'd I'd be here today if that hadn't happened. Not that it matters; today I am alive, sober, and a grateful member of Alcoholics Anonymous. Today is what matters.

Because I'll never be able to adequately thank him, I try my best to carry his demonstration forward to others, know-

'I'll never be able to articulate my appreciation for the simple action of showing up at a meeting and offering his phone number.'

ing that I may never know if I positively impact someone else's life through a simple action, and that in the end my knowing doesn't matter. My job is just to show up and be available.

Anonymous

Send your piece to the district view @gmail.com. It can include your name and contact information, or be anonymous.



3rd Concept To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional "Right of Decision."

Area 74 Delegates Workshop

and Area Committee Meeting

Saturday March 6th, 2021 Hybrid Meeting

Reiter Center 1858 S Michigan Street Three Lakes, WI

Zoom Information: Meeting ID: 841 1096 5882 Passcode: 1212144

The doors, both virtual and physical, will be open at 9:30 AM CST Meeting starts at 10:00 AM CST

10:00 AM	Welcome by Delegate and Area Chair		
	Explanation of new process		
10:15 AM	High Level Summary Reports by Standing Committee Chairs		
11:15 AM	Break out into discussion groups led by Standing Committee Chairs		
12:15 PM	Lunch		
1:00 PM	Reconvene into Discussion Groups by Committee		
2:00 PM	Workshop Committee Reports		

Area Committee Meeting to follow

MEMORANDUM

Date: February 16, 2021

- **To**: General Service Conference Members, Accessibilities Committee chairs, Cooperation with the Elder Community Committee chairs
- **From**: Irene D., secretary, trustees' Cooperation with the Professional Community/ Treatment and Accessibilities Committee
- **Re**: Call for Stories Audio "A.A. for the Older Alcoholic"

This note is to announce that we are extending the call for shared experience, strength and hope for updating the pamphlet, "A.A. for the Older Alcoholic." Shared experience can be submitted by audio file or written transcript!

On January 31, 2021, The trustees' Cooperation with the Professional Community/Treatment and Accessibilities Committee reviewed the progress report on updating the pamphlet "A.A. for the Older Alcoholic." The committee noted that additional stories would be helpful for the development of the pamphlet. The committee requested that the staff secretary release another call for stories with a deadline no later than **March 15**.

The committee is looking for stories based on the following experiences:

- Ethnic, cultural and LGBTQ communities
- Lifestyle diversity
- Got sober later in life
- Veterans from the Vietnam War or later
- Hearing loss or mobility issues
- Online or telephone A.A. meetings
- Dementia or Alzheimer mental health issues
- Spiritual pathways

As noted, personal stories can be sent in audio or written formats:

Audio File:

You can record your shared experience, or help another member to record their story, using any recording device. For example, you can use the recording app installed on your smart phone. Audio files can be attached to an email and sent in to G.S.O.

When recording your story, please share your first name and the first letter of your last name at the beginning of the recording so we can identify your recording. **The suggested length of the recording is seven to eight minutes.**

(cont)

Please email your sharing to: <u>access@aa.org</u> and type "A.A. for the Older Alcoholic" in the subject line of the message.

If you are attaching multiple audio files of speakers to the email, please provide the name and contact information of each speaker in the body of the email.

Typed manuscripts:

Typed manuscripts should be 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address and email/phone information with your submission.

Please email your sharing to: <u>access@aa.org</u> and type "A.A. for the Older Alcoholic" in the subject line of the message. Or, you may postal mail your sharing to: Access Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163.

The anonymity of all authors will be observed, whether or not their story is selected for publication.

Thank you for your participation and service related to the updating of the pamphlet, "A.A. for the Older Alcoholic."

The deadline for submissions is March 15, 2021.