8th Annual Men's Retreat

Jan 31 - Feb 2, 2020

(Arrive by 5:00 PM on Friday. Depart by 10:30 AM on Sunday.) Luther Bible Camp: $944\ 24\ 1/4$ St, Chetek, WI 54728

Living our Lives in the 12th Step

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

-Alcoholics Anonymous (p. 106)

Welcome back!

\$50.00 for a weekend of renewal & recovery | Lodging and all meals included

Space is limited to 40. Please submit this pre-registration for previous attendees by December 1st, after which registration will be open to anyone.

For your meditation ahead of time:

"Our stories disclose in a general way what we used to be like, what happened, and what we are like now." (p.58) This is all we have to share to help the alcoholic who comes to us for help to get sober. It means that this is what we have to share in a meeting on any topic, or when we are talking to another alcoholic one-to-one about AA, or when we are asked to speak at a speaker meeting. All of these situations, if focused on our own inventory, the product of our process from steps 4 through 9, will ring true with our spiritual awareness of ourselves. Think about your own story and what you would say in each of these contexts.

Phone	
 Email	
Address (If you need a receip	by mai

REGISTRATION INFORMATION

Registration Deadline: December 1st

Registration Fee: \$50 (Non-refundable. Commitment to the whole weekend is strongly encouraged.)

Payment Methods: Cash or Check, payable to Men's Retreat

Registration Methods:

- In person: To any of the committee members, Pete W, Jonathan S, Luke G, Glenn K, Rob H, Brett Z
- By mail: Check Only, to Men's Retreat, PO Box 2051, Eau Claire WI, 54702
- Questions: Contact any committee member

WHAT TO BRING TO THE RETREAT

(A reminder will be sent via email prior to the Retreat.)

Must haves:

- Your Big Book and 12 & 12, an open mind, and a helpful spirit.
- Bedding materials, such as sheets, blankets, or a sleeping bag. (Beds are provided.)
- Towels, soap, and personal items.

Nice to haves:

- Snacks and/or beverages to share (chips, cookies, soda, juice, tea, and whatever others might like).
- Table games.
- Snowshoes, ice fishing supplies, recreational equipment.
- Musical instruments.
- Mattress pad or air mattress (mattresses provided are rather thin)



Please take a moment to tell us which commitments you are willing to fulfill to help our weekend run smoothly. Circle your top 3 preferences. Thank you for your service.

TIMER PERSON COFFEE CAPTAINS KITCHEN MAGICIANS KITCHEN CLEANUP

PRAYER LEADERS SAFETY PEOPLE