

The District 05 View



Vol 2024, JUNE issue

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 6: "An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

Message from our Pat T - District Committee Member

Hello District 05,

I attended the Spring Conference in Ashland and attended the ACM. The spring conference was great. Excellent speakers and panels. The delegate gave his report from the GSC and Cathi Clark, our ECR Trustee was also in attendance. I was able to have dinner with her and learned a lot from both Nicholas and Cathi. I will be attending the MI State Conference and ECR Conference in June. One of the things I have learned as DCM is the important role of the GSO and how committed the Staff and the Volunteers are to our fellowship. The biggest take away for me is it is not "us versus them, they are us."

As I continue to attend meetings in the District and meet new people, I am reminded how fortunate I am to be part of this fellowship. I really enjoy seeing how people have recovered and how varied the meetings can be. When I am looking for the similarities and not the differences, it opens a whole new world for me!

In love and service,

Pat T
DCM, District05

Keep the 7th Tradition Alive!

Support our district with cash or check .

Mail checks to:

District 05, PO Box
1902

Eau Claire, WI
54702

District 05 of Area 74

Monthly GSR Meeting

2nd Wednesday of each month.

In-person and virtually.

6:45 PM

THAT'S JUNE 12TH!!

In-Person

Alano Club 12

2926 Pomona Drive

Eau Claire, WI 54701

Zoom Meeting Id: 829 0126 1204

Password: district05

To learn about various agenda items and reports from Area 74, please access their website at the link below.

[Area 74 Website](#)

AA GRAPEVINE

The International Journal of Alcoholics Anonymous

[Grapevine Important Updates Here](#)

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email nowandthen@area74.org



Step 6: " *Were entirely ready to have God remove all these defects of character.*"

Member Share - Sixth Step Reflections by Jenni Tee

"Were entirely ready to have God remove all these defects of character"

Step Six: the first of the forgotten steps. So little is written about this step in the Big Book of Alcoholics Anonymous (see page 76) that we recovering alcoholics often gloss over the essential action that is required of us in order to fully progress through the remaining 6 steps.

I sure glossed over this step - for about the first 10 years in recovery! I read the one full paragraph at the top of page 76 and thought I was DONE:

"If we can answer to our satisfaction, we then look at Step Six. We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go,
we ask God to help us be willing."

The "answers" the above paragraph is referring to include those listed at the **bottom of page 75 in the Big Book**:

1. Is our work (in the fourth and fifth steps) solid so far?
2. Are the stones properly in place?
3. Have we skimped on the cement put into the foundation?
4. Have we tried to make mortar without sand?

When I have done a searching and fearless inventory with my sponsor, looking at all of my defects and assets, I can safely answer "YES!" to these prompts. When I look at Step Six closely these days, I notice that it does not say "Jenni tried really, really hard to remove her own defects of character," as I mistakenly believed for years. And try, I did. And fail, I certainly did!

Taking this step does not include even a single ounce of self-sufficiency – in fact, it requires that I put that idea to bed. The God of our understanding – the one I found through the miracle of surrender, through the fellowship, through working with my sponsor, and through working the previous 5 steps – is the One I now turn to as I get ready to have my objectionable traits removed. Even if I am still unsure about Who or What that God is. Good Orderly Direction? Group Of Drunks? Great Out Doors? Doesn't matter. But the One who has all power is definitely Not Me.

So how do I get ready? How do I become willing to allow a Higher Power to take all of those defects from me? Part of getting ready for me is reviewing the steps I've taken so far. Working the Fourth and Fifth steps with my sponsor should have produced a number of lists, including character defects or shortcomings that we have identified as (usually) instincts that are either under- or over-expressed. Like lying or stealing or cheating or scheming or scamming. These were always the biggies for me in active alcoholism, and can serve as flashing red light for me in recovery.

CONTINUED ON PAGE 3

The District 05 View



Concept 6: *"The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service"*

Member Share - Sixth Step Reflections by Jenni Tee continued

Let's say I promise a friend to go to a meeting at 6pm on a Monday night. Turns out, I'm tired after work, and really just want to take a nap. I don't call, don't show, and don't answer the phone when my friend calls to see if I'm okay. The next day, I text her "sorry – I'll go next Monday!" and go on about my business. Next Monday comes and I'm really tired after work. I just want to take a nap! I forget about my promise and fall asleep until just before 6pm, and then I have a couple of choices. I can either give in to the character defect of lying and text her that I'm still at work, or sick, or whatever (Jenni's will) – OR I can ask God to help me be willing to a defect I still cling to! That willingness to surrender could result in a call to my friend to let her know that I am jumping in the car and will be at the meeting, albeit late. So, I DO need some degree of self-will, after all. I need it to be willing, and I need it to ask for help. This is being ready.

As I work Step Six with my sponsor, we look at a list of my defects and their corresponding assets. The opposite of lying is telling the truth. Recognizing that I do have the capacity to be honest, I can look at the promise I made and make a decision to do God's Will and either tell the truth or go to the meeting! Most of the time, if I just do the thing I promised to do, I am way better off in the long run.

In the chapter on Step Six in the *Twelve Steps and Twelve Traditions* (p. 63) a friend of AA explains that, *"any person capable of enough willingness and honesty to try repeatedly Step Six on all of his faults—without any reservations whatever—has indeed come a long way spiritually..."*

I had my reservations. A lot of them. And I'm grateful that most of them are in now in the care of a Power greater than me. One of the earliest reservations I had that got in the way of my willingness was the idea that I would stay sober *unless something bad happened*. The "bad thing" could be anything really, but it was usually very dramatic, like losing someone close to me in a horrible accident or an overdose. This was me trying to fix, manage and control situations that had me afraid. I let that reservation go when I heard a speaker say she had lost her only son to a horrible accident he had as the result of an overdose. Her first call after learning about his death was to her sponsor, and the next thing they did was go to a meeting. Now THAT'S surrender! If she could do that, I could certainly let go and ask God for help in relieving me of character defects that get in the way of my continuing sobriety.

Staying sober has been very simple for me, and I recognize that I am among the luckiest. The desire to drink was literally lifted from me – even before I knew it or trusted it – and I have not found it necessary to do any more research on the subject. My myriad of other shortcomings? Now that's a different story, and apparently, I'm not alone.

The 12 & 12 speaks to this on page 64:

"Having been granted a perfect release from alcoholism, why then shouldn't we be able to achieve by the same means a perfect release from every other difficulty or defect?"

CONTINUED ON PAGE 4

The District 05 View



Member Share - Sixth Step Reflections by Jenni Tee continued

Well, it seems that our self-destructive behavior while imbibing like we do (as if actually attempting suicide) conflicts with our natural desire to live, and somehow allows for an intervention – one that offers us a moment of surrender, a moment of clarity, or a moment of grace. But for most of our instincts, it's just not that serious. And God has evidently not removed anyone's entire arsenal of shortcomings - He removes those that stand in the way of our usefulness (see Step Seven, p. 76). So, I need to participate by acknowledging my defects, seeing how they affect others (and myself), recognizing the corresponding assets that I could practice instead of those defects, and asking Him (and others) for help in so doing.

Grateful for the opportunity to get ready, and looking forward to greeting you on the road to recovery!

Jenni Tee

District Events Calendar Here

All District event flyers for upcoming and future months can be accessed at the link above (<http://district05.org/events>). Hover your mouse over the name of the event (to the right of the date), and the flyer will open!





THE GAY CHATTER

presents

A WESTERN WISCONSIN TRAVELING POTLUCK

BRUNCH

AND 7TH ANNIVERSARY EXTRAVAGANZA!

Sunday, June 23 | 9:30 AM - 12:00 PM

Boyd Park Pavilion

1202 Fairway St, Eau Claire, WI

BRUNCH | 9:30 AM - 11:00 AM

PANEL | 11:00 AM - 12:00 PM

Queers, Crackpots, and Fallen Women:

"The only requirement for A.A. membership is
a desire to stop drinking."

BRING A BRUNCH DISH TO PASS

INCLUSIVE EVENT (OPEN SPEAKER PANEL)

QUESTIONS? CONTACT JOE P. (HE/HIM): 608.957.4040

The District 05 View



Northwest Wisconsin State Fair July 10-14



A.A. Booth Sign Up Now Open!

Contact **Doug H.**
For details and to
sign up.

970-688-9449

PI@district05.org

July 10th - July 14th

www.nwsfa.com

Looking for the perfect "Summertime Service Opportunity" with fellow AA members? Join us in volunteering at the Fair's AA booth! The Public Information Committee (PI) coordinates this annual event, where volunteers sign up for 2-3 hour time slots to sit in the booth while interacting with anyone seeking information about our program.

The booth will be stocked with literature, Big Books, and meeting schedules. It's a great chance to connect, reconnect, and potentially welcome new members. This is an attraction, (not (promotion) opportunity to raise awareness about

AA in our community. Sponsors can also bring sponsees to team up, connect, and fulfill our primary purpose of staying sober and helping others achieve sobriety.



The District 05 View



Western Wisconsin Traveling **POTLUCK**

Hosted by
Saturday Night Alive
JULY 13TH @ CLUB 12

Social Hour 4:30-5:30pm

Dinner 5:30pm

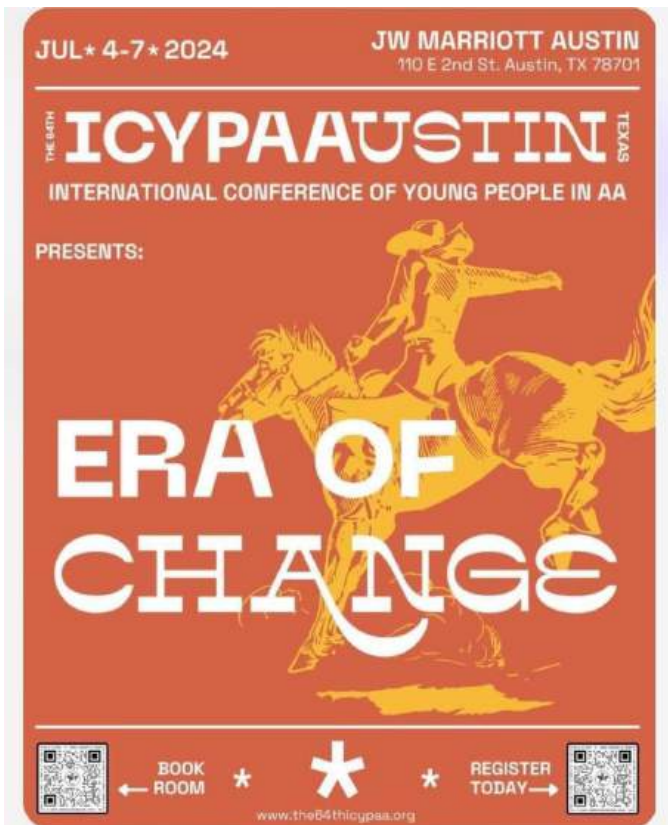
Alanon Speaker Rachel Z 6:45pm

AA Speaker Brett Z 8pm

Please bring a dish to share



Charcoal chicken and potato salad will be provided





JAMBOREE GRILL OUT

What? Grill out hot dogs and burgers with us and join in a bean bag tournament!

When? 20th July 2024 11AM - 2PM

Where? Mt. Simon Dells Pavillion
999 Addison Ave,
Eau Claire, WI 54703



50/50 Raffle

\$10 Lunch
\$5 per team



Prizes to winners!



recoveryontheriver.org

The District 05 View



REGISTRATION:

To register by mail, fill out and tear off this entire panel mailing information on backside of this panel.

General Admission

\$25.00

Banquet - Additional

\$35.00

Includes Comedy Show "We are not a glum lot"

Name: _____

Address: _____

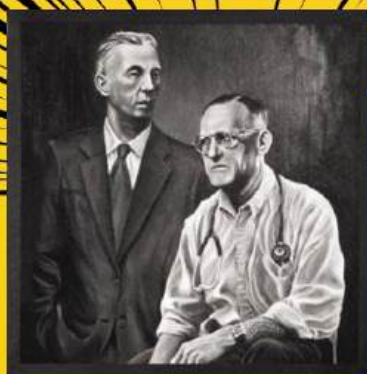
Phone: _____

Email: _____

Any Dietary Restrictions? _____

ASL Interpreter or other Accommodations Needed? _____

Deadline for accommodation requests by August 1st, 2024.



**ACTION IS THE
MAGIC WORD!**



**HAVE QUESTIONS? EMAIL
FALLCONFERENCE2024@GMAIL.COM**

**YOU CAN ALSO REGISTER ONLINE!
SCAN THE QR CODE BELOW, OR GO TO
WWW.AAWIDISTRICT04.ORG/EVENT/
AREA-74-2024-FALL-CONFERENCE/**



SCAN ME

AREA 74 2024 FALL CONFERENCE

HOSTED BY DISTRICT 04

FEATURING ALANON PARTICIPATION!

**SEPTEMBER 13-15 2024
HOLIDAY INN &
CONVENTION CENTER
1001 AMBER AVE STEVENS
POINT WI
715-344-0200**

The District 05 View

District 05 GSR Meeting Minutes
Wednesday May 8th, 2024
6:45 p.m. – 8:45 p.m. (Zoom)

Opening: Serenity Prayer – 14 GSR'S Present (9 in person-5 online) - - - Tradition 5 = Brian Ba.

Welcome: Introductions, Anniversaries, Speaking Engagements, Review of Membership Guidelines



<p>Reports (3-5 minutes each)</p> <p><i>Note: Email reports to secretary prior to monthly GSR meetings</i></p>	<p>Officers</p> <ul style="list-style-type: none">• DCM (Pat T)<ul style="list-style-type: none">○ Attended meetings in Prescott and River falls this month. One of the RF meetings was at a half-way house and addressed the needs of Viet Nam Veterans. It started 39 years ago.○ Will be attending the Spring Conference in Ashland and will ask for approval for <u>Hotel</u> expenses (estimate \$120).○ Sharing a room with another member. Also looking for gas reimbursement.○ Submitting gas reimbursement for \$25.82 for April travel. After reading guidelines GSR's should approve my expenses prior to submitting.○ Will be doing that going forward.○ GSR approval: 145.82○ Discussed contributions to <u>GSO</u><ul style="list-style-type: none">■ 123 groups in our district: 62 <u>active</u>, only 8 groups contributed Q4 of 2024■ last year money donated to GSO was \$6,013, \$2,080 in Q1 of this year had 9 <u>groups</u>• Alt. DCM (Courtney R.)<ul style="list-style-type: none">○ Ice Breaker: How do you pronounce the word Pecan○ planning to attend spring conference budget 250 annually, expenses for the weekend is <u>265</u><ul style="list-style-type: none">■ requesting to increase <u>budget</u>○ Monday plans to show support at spirit Lutheran church on main street for the new meeting (topic meeting, closed)	
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The District 05 View

	<ul style="list-style-type: none">○ traveling potlucks are booked through the summer, please reach <u>out</u>.○ workshops are still <u>open</u>.○● Secretary (Joe S)<ul style="list-style-type: none">○ Continues to work with Pat to keep the contact list up to date and remove anyone from the emailing list who wants to be removed.○ Minutes Approved, GSR Passed.● Treasurer (Kaufua)<ul style="list-style-type: none">○ River Falls group had returned check for contribution, NSF fee as well, 2 other checks not reflected on <u>balance</u>.○ Add 500 dollars to archive budget from last <u>month</u>.○ Detailed report circulated.○ Balances: Savings = \$ <u>611.45</u> Checking = \$3,655.80*** Report approved unanimously.Financial Report Approved, GSR Passed.● Grape Vine (Brian Ba.)<ul style="list-style-type: none">○ attended winter <u>assembly</u>.○ got a subscription to grapevine so we have some for display, multiple to save <u>money</u>.○ asking for an increase to his budget to build a decent display to hand off to the next <u>person</u>.● Archives (Brittany)<ul style="list-style-type: none">○ The Archives budget was increased by \$500 last month, totaling \$565 for the National Archives Conference in September. We have obtained additional documents and items from AA members to incorporate into the Archives. Archives can be made available for display at your group's events, etc.● Newsletter (Claire)<ul style="list-style-type: none">■ seems stable, 153 email addresses to send <u>out</u>.■ investigating other approaches for the newsletter■ good meeting with – Ben G■ PDF text to shrink so <u>its</u> more able to <u>email</u>■ idea of using a digital email■ is it possible to use the blog section of district website to display the <u>newsletter</u>■ welcomes any opinions on using other <u>concepts</u>■ GSRs gather more emails for her to send to <u>people</u>■ be sent to her by <u>may</u> 28th for flyers and events/future events...even if you don't have a flyer just let her know so she can put it in there■ looking for people who are interested in sharing their experience strength and hope to provide continuing <u>content</u>■ literature jake	
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The District 05 View

	<ul style="list-style-type: none"> ▪ found the trifold, out sick currently, looking to make a good <u>display</u> • Archives (Brittany K.) <ul style="list-style-type: none"> ○ The Archives budget was increased by \$500 last month, totaling \$565 for the National Archives Conference in September. We have obtained additional documents and items from AA members to incorporate into the Archives. Archives can be made available for display at your group's events, etc. 	
<p>Open Mic (2 minutes each)</p>	<ul style="list-style-type: none"> • Jim S- Corrections meetings if people are <u>interested</u> • Doing three zoom meetings for jails in Trempealeau, <u>Buffalo</u> and Clark counties, looking for women, also men for <u>whitehall</u>, Wed and Saturdays, get ahold of Ken 715-577-3432 • Cindy-<u>St Croix county</u> (Hudson area) volunteer coordinator also opening time slots to train and come into the jail in person, women and men both, Cindy willing to sponsor women for Trempealeau county girls • Jim and Cindy to work together? to include more jails on the zoom meetings to expand the <u>groups</u> • Working on getting 12 people to get badges and get started to go inside for meetings, PREA training, watched videos, get together in lobby, get the badges...it's a process. 	
<p>Old Business:</p>	<ul style="list-style-type: none"> • District guidelines review committee, <u>5-year</u> review <ul style="list-style-type: none"> ○ committee of 3 or 4 of us in the past ○ feedback: make up sounds <u>good</u> ○ Pat DCM, past DCM ○ current or past GSR, Max has volunteered, Pat will be looking into other members to be involved with the <u>committee</u> • Quarterly budget review, continue letting treasurer to update <u>monthly</u> • New group forms please turn in to <u>us</u> • Discussed new members emails being directly added to the newsletter email <u>list</u> • Literature budget increase for the display, David G was cleaning house from SNA and had found <u>stuff</u> 	

The District 05 View

<p>New Business</p>	<ul style="list-style-type: none">• Courtney requesting to increase budget \$25 to \$275 to allow room for <u>event</u><ul style="list-style-type: none">◦ Brian motions to increase, approved <u>unanimously</u>• Brian Ba requested to increase budget for Grapevine by \$100 to \$150<ul style="list-style-type: none">◦ Pam motions to increase, approved <u>unanimously</u>• Ken GSR Gay Chatter: put a flyer for Gay Chatter traveling potluck–June 23rd at Boyd Park starting at 9:30am• David GSR SNA, picnic July 13th, discuss having a panel from intergroup and their role in the district, Dave K will be speaking this Saturday at 8pm• Patti GSR Eleva Thurs, hosted potluck and got a lot of positive reports on the corrections panel, 40 ppl in attendance, about 100 people overall, full house. It went <u>really well</u>. Had large financial donations from self and Mondovi group, \$264 in basket. Well attended and positive feedback.• Max GSR Flimsy business meeting for hosting potluck. Some members discussed about June or July potluck. Clarifying recurring <u>June/July</u> potluck...was not recurring...eleva has <u>June/July</u>. Oct Nov Dec available, October didn't pass because it was too close to the Flimsy birthday party...Alt DCM would like to see a set month for groups so <u>its more traditional</u>• Pam–'how to' procedure to help people set up a traveling potluck–alt dc helps out with it and has \$2400 towards helping <u>groups</u>• Weaver-looking to find women sponsor for women in Trempealeau County<ul style="list-style-type: none">◦ sponsorship coordinators to email <u>bim</u>• Recovery on the river–Pat–came out with a cookout for July 20th? at mount simon park, there will be food (\$10 donation), bean bag tournament...flyer is out on it (Jamboree Grill Out)	
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Next Meeting:

Wednesday, June 12th @ 6:45PM

Brian L Tradition 6

Reports Due: *Corrections, CPC, PI, Special Accessibility, Treatment, Web Master*

Closing:

Responsibility Statement

The District 05 View

AREA 74 2024 Dates to Remember

Area 74 –Upper Peninsula of Michigan and Northern Wisconsin

The servants of Area 74 are excited to provide the “Dates to Remember” calendar for the Area 74 Service Structure. We are lucky to live in an area that hosts many conferences, workshops, and fellowship events. As your trusted servants, we sometimes miss the chance to participate in local events because they conflict with the service events you have entrusted us to conduct.

We hope that, by providing the Area 74 Dates to Remember, calendar in early fall; it can be considered as you plan your service and fellowship events for the coming year.

We look forward to seeing you at the following events:

March 30th 2024

Winter Assembly – Quality Inn Rhinelander, WI

April 14 - 20, 2024

73rd General Service Conference, Brooklyn, NY

May 17 - 19, 2024

Area 74 Spring Conference, District 13, Ashland, WI

May 18, 2024

Area 74 Assembly, District 13, Ashland, WI

May 19, 2024

Area Committee Meeting, District 13, Ashland, WI

June 7 – 9, 2024

East Central Regional Conference & Michigan State Convention, Grand Rapids, MI

August 3, 2024

Area 74 Area Committee Meeting (OPTIONAL) Virtual

Sept 2024 13-15

Area 74 Fall Conference, District 4, Holiday Inn, Stevens Point, WI

Sept 14, 2024

Assembly - Holiday Inn, Stevens Point, WI

Sept 15, 2024

Area Committee Meeting - Holiday Inn, Stevens Point, WI

October 12, 2024

Area 74 Assembly – Quality Inn Rhinelander, WI

December 7, 2024

Area 74 Committee Meeting - Virtual

The District 05 View



The poster for the 2025 AA International Convention is set against a light blue background. At the top left, the text 'Save the Date!' is written in a colorful, stacked font. A large, white, arched banner across the top contains the text '2025 AA International Convention'. Below this banner, a circular inset shows an aerial view of Vancouver, British Columbia, featuring the city skyline, the waterfront, and the iconic white, tent-like roof of the Vancouver Convention Centre. The dates 'July 3-6, 2025' are printed in white over the top of the circular image. In the bottom right corner, there is a logo for 'VANCOUVER 2025' which includes a stylized heart and hands. Below the logo, the text 'Language of the Heart', 'Lenguaje del corazón', and 'Le langage du cœur' is written in three lines. At the bottom left of the poster, there is a white silhouette of a city skyline. At the bottom center, the website address 'AA.org/International-Convention' is displayed.

[International Conference Website Here](https://aa.org/International-Convention)