

# The District 05 View



Vol 2024, MAY issue

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 5: "Each group has but one primary purpose - to carry its message to the alcoholic who still suffers."

## Message from our Pat T - District Committee Member

Hello, District 05,

I look forward to the spring and summer months of service and fellowship. I will be attending the Spring Conference in Ashland. Our delegate will be giving his report on the General Service Conference. The PLBB will be going forward. I believe that will be another tool for carrying the message to the next suffering alcoholic. I have the good fortune to spend time with our delegate and have really come to appreciate the great work that the GSO does in providing ways for us to carry the message. It is a challenging role to have to process all the information from all the groups and individuals in North America. My hat is off to all those servants. My program continues to improve as I continue to learn and grow. I am incredibly grateful for the AA program and hope to give back what has been so freely given to me.

Yours in service,

Pat T

### Keep the 7th Tradition Alive!

Support our district with cash or check .

Mail checks to:

District 05, PO Box  
1902

Eau Claire, WI  
54702

## District 05 of Area 74

### Monthly GSR Meeting

2nd Wednesday of each month.

In-person and virtually.

6:45 PM

**THAT'S MAY 8TH!!!**

In-Person

Alano Club 12

2926 Pomona Drive

Eau Claire, WI 54701

Zoom Meeting Id: 829 0126 1204

Password: district05

To learn about various agenda items and reports from Area 74, please access their website at the link below.

[Area 74 Website](#)

# AA GRAPEVINE

The International Journal of Alcoholics Anonymous

[Grapevine Important Updates Here](#)

### DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: [newsletter@district05.org](mailto:newsletter@district05.org) to request a digital copy in your inbox each month.

### AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email [nowandthen@area74.org](mailto:nowandthen@area74.org)



Step 5 *"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."*

## Member Share - Fifth Step, Dave

By God's grace, I have not had a drink since July 7, 1998.

I've been asked to share my thoughts on the process of taking the 5th step. I was probably about 4 years in recovery until I actually took a fifth step as outlined in our program. When I arrived in AA (the final time), I was desperate, at the end of myself, completely demoralized, emotionally and spiritually bankrupt. I was willing to try anything to escape the lonely dark place I found myself - or perhaps my Higher Power found me.

I started attending AA 5-6 days a week bent on doing the 12 steps, I saw a possible journey to redemption. I did obtain a sponsor, however oddly He never introduced me to the twelve steps, I did call Him often for help. At the time there was a lot of wreckage in my life. I was released from incarceration, homeless, our Farm in foreclosure, My wife left with another man, loss of employment, etc, etc. I tried to do the steps to the best of my ability on my own.

As I was doing the steps on my own and after somewhat completing a 4th step, I mainly used the group without their awareness as a personage to disclose some of my actions. The easy ones were no problem, since a lot of my issues were listed in the weekly paper under circuit court column. (the Joys of small town life). I must admit it was a good feeling confessing and owning my past and behaviors. However, I guarded my deeper secrets and intentions. I quickly learned how to hide in plain sight (meetings). I was well adept at deflection, minimizing, redirection, humor, and truth editing. (some of the finer skills we learn in addiction).

It wasn't until about the fourth year that I had an opportunity to do an actual fifth step. I was invited to a Spiritual Retreat Weekend in Amery, Wisconsin. The purpose of the retreat was to introduce people to how the 12 steps are applied. I jumped at the chance. The folks there explained we were going to go through the entire 12 steps over the weekend. We were given pamphlets, had study periods, homework, and discussion groups. It was explained that this process is only an introduction and we were encouraged after the retreat to find a sponsor who actually works the steps. We were also instructed to pair up with someone to do the 4th and 5th step. There were many people from all over the upper Midwest. I felt this would be a golden opportunity to really come clean.

I purposely was looking for a guy that there was little chance we'd meet up again. I found the perfect guy and as it turns out he was looking for the same. We both went to a private area on the grounds with our 4th step. He preferred I go first. I left nothing out. Every dark area of my life I shared - even sharing things that may have been doubtful. I can hardly explain the relief I experienced, A peace over came me. It was then his time to share, and he too left nothing out. Afterwards I could see the change in his countenance. We spent some time together just marveling at what this had done for us. We felt clean and redeemed, for the first time in many years.

# The District 05 View



**Concept 5: "Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration."**

If I had to share one advice from my experience in AA, it is to find a sponsor that works the program the way it's laid out in the big book. And to do it as thoroughly and honest as you can. There is magic in it.

Truly there is a new freedom and happiness. Some situations clear up early while others stubbornly cling to us, However they all clear up if we're patient, diligent and honest. I can honestly say alcohol in and of itself was not my problem, rather it was my solution for many years. My problem is that I didn't know how to do life without it

My current sponsor would say: people that pick up, make that decision sober. That got me thinking, what's wrong with my thinking? My final bottom brought me to a place where I couldn't live with it or without it. It was suggested to me to try the program for one year, give it my best shot and if there was no change my misery would be refunded in full.

I was also taught that by not making a decision is also a decision. By becoming open and willing, becoming a student, getting in the middle of AA rather than dabbling at the edges, to easy to fall off. I now realize I have alcoholism not alcoholwasim. Also the old timers taught me just by going to the meetings is not the program, although a good thing there is a difference. If you're a good addict like me it's to easy to use old skills to hide in plain sight. I need a sponsor or coach if you will, someone I know has my back, helps me see what I don't see (sometimes called a perception disease). Not always easy to hear the hard things of growth, but I will tell you I know that my sponsor loves me. He has become like the Father I never had.

I was also taught by going to meetings there is hope that people would get interested in doing the steps. The guys I ran with had a demeanor I wanted. They seemed to be a cut above, they are real men with honor, integrity, and an awareness on how to do life. I told them I want what you have. They told me if you want what we have you'll do what we do. They claimed meeting makers don't make it. Step takers make it. What a difference in they made in my life. I am forever grateful to the Men and Women before me who did the necessary work and shared it with me.

Dave P.

# The District 05 View



## District Events Calendar Here

All District event flyers for upcoming and future months can be accessed at the link above (<http://district05.org/events>). Hover your mouse over the name of the event (to the right of the date), and the flyer will open!

**DEADLINE MAY 1.  
REGISTER TODAY!**

### Area 74 Spring Conference May 17-19,2024

## *Life will take on new meaning!*

Americinn, 3009 Lake Shore Drive E.

Ashland, Wisconsin 54806 715-682-9950

- Room Rate - \$129.99 plus tax per night, Friday Night events include current Delegate's Story of Recovery and service, Musical Jam Session, almost world famous Tetzner's Ice Cream and alkathon!
- Saturday events include Delegate's Report, Standing Committee Open House, Panels, speakers, Banquet, Entertainment and Alkathon!
- Sunday events include Spiritual Speaker, Area Committee Meeting, and farewells.

*includes Hot breakfast Room and Water Park Pass! Room Rate held until April 17,*

**2024** [www.americinn.com/hotels/wi/ashland](http://www.americinn.com/hotels/wi/ashland)

Name \_\_\_\_\_ **One registration form per person.**

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone # \_\_\_\_\_

Email \_\_\_\_\_

Registration Free if one year or less of sobriety. **Banquet is \$25.00 if free registration applies.** \*\*\*\* Please still send in a registration.\*\*\*\*

Registration Only = \$15.00

**OR**

Registration **and** Banquet = \$40.00

**Amount Enclosed -**

\$ \_\_\_\_\_

Please note here any special needs we can help with. \_\_\_\_\_

**Banquet registration must be received by May 1<sup>st</sup>, 2024**

Make checks payable to - District 13 Area 74 Conference

Mail to Area 74 Conference 11090 E. Lund Rd. Maple, WI 54854

Questions - Call Marty 715-363-2418



[Click here to PDF on District 05 website](#)

**District 05 GSR Meeting Minutes  
Wednesday April 10, 2024  
6:45 p.m. – 8:45 p.m. (Zoom)**

**Opening:** Serenity Prayer – 14 GSR'S Present (9 person-5 online) - - - Tradition 4 – Courtney R.  
**Welcome:** Introductions, Anniversaries, Speaking Engagements, Review of Membership Guidelines

<p><b>Reports</b> (3-5 minutes each)</p> <p><i>Note: Email reports to secretary prior to monthly GSR meetings</i></p>	<p><b>Officers</b></p> <ul style="list-style-type: none"><li>• <b>DCM (Pat T)</b><ul style="list-style-type: none"><li>○ Attended meetings in Bay City, Eleva, Whitehall, and Eau Claire.</li><li>○ Attended Winter Assembly in Rhinelander, finishing the Agenda Item discussions</li><li>○ Please look for information following Nicholas' return from New York; there's highlights from assembly</li><li>○ Literature committee looking at electric payment</li><li>○ N and T editors open to rotating out if interested servants</li><li>○ Submit documents in word format (except flyers)</li><li>○ If interested in Grapevine workshop, contact Bryon B</li><li>○ Grapevine prices go up in April</li><li>○ New AV administrator will begin at the end of the year</li><li>○ Door County will host 2025 conference in Stone Harbor 5/16-5/17</li><li>○ Familiarizing myself with current agenda items and background information will help future discussions about GSC agenda items</li><li>○ March District Meeting Minutes has links to 2 videos that are helpful in understanding Big Book writing discussions and the process for agenda items to reach the General Service Conference</li><li>○ Submitted expenses for \$91.43 hotel, and \$98.87 for Winter Assembly and mileage reimbursement</li><li>○ Added a 5 year guideline review to the agenda</li><li>○ Looking to form a committee made up of myself, a past DCM, past officer, current GSR, and a past GSR</li><li>○ I am growing each day as I learn more about the AA program, and I am grateful for the opportunity to be of service to District 05</li></ul></li></ul>	
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# The District 05 View



- **Alt. DCM (Courtney R.)**
  - Plans to attend Spring Conference
  - Eleva's District Facilitated Workshop
  - Continue to ask groups about traveling potluck; June and July taken, nobody has signed up for May yet
  - Went over tradition 4 out of the 12 and 12
- **Secretary (Joe S)**
  - Contact list updated from March—need clarification on who runs the 12 Traditions Study Group and an email. Also need an email from Dave M from the Beautiful Morning group if possible
  - Still pretty new to the position so be patient. I'm glad to be of service to District 05.
  - Minutes Approved, GSR Passed.
- **Treasurer (Kaufua)**
  - Detailed report circulated.  
Balances: Savings = \$ 611.04 Checking = \$3982.11  
\*\*\* Report approved unanimously.  
Financial Report Approved, GSR Passed.
- **Corrections (Pam S)**
  - workshop at the Eleva potluck starts at 3:30 to 4:30
  - 5 ppl speaking and 2 narrating Jim S and Courtney
  - Waiting for approval for Brenda from Dunn county
  - Eau claire 30 approved and 8 got through for jail
  - going half and half with district 06 and provided 20 big books
- **CPC (Jim P.)**
  - Have/are making presentations to staff at Affinity house and Arbor plcce, in conjunction with D05 Treatment Committee
  - Did small Lit purchases to complete our organization of our literature inventory, and on re-assembly of our literature/script file case for presentations
  - Will continue to reach out to various groups of professionals in hopes of making additional connections
- **PI (Doug H)**
  - application in for june 8th at phoenix park (pride)
  - looking into cost of yard signs as an option and looking
  - attend the inter group about getting their phone # on the signs
  - next month sign up for fair booth, booths paid for and looking for volunteers
  - look into the legality of the signs
  - working on the design and costs, a work in progress
- **Special Accessibilities (Jim S.)**
  - disconnected from meeting

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	<ul style="list-style-type: none"> <li>• <b>Treatment (Isaiah )</b> <ul style="list-style-type: none"> <li>○ Met monday with cpc, going to arbor place tomorrow</li> <li>○ Use budget for books</li> <li>○ Discuss using business cards</li> <li>○ Making labels for clients to get info for the meeting app</li> <li>○ Moved to in person and will cost \$10/month for rent</li> <li>○ Attended delegates workshop</li> <li>○ Asking for more budget in the future to provide more literature</li> <li>○ Possibly will be attending workshop "Bridging the Gaps"</li> <li>○ Reach out if interested at speaking for the treatment center</li> </ul> </li> </ul>	
<p><b>Open Mic</b> (2 minutes each)</p>		
<p><b>Old Business:</b></p>	<ul style="list-style-type: none"> <li>• Contact changes go to <a href="http://secretary05.org">secretary05.org</a></li> <li>• Flyers be sent in pdf forms, send to webmaster and newsletter editor</li> <li>• Subscribe to the district new at <a href="http://district05.org">district05.org</a></li> <li>• Looking for volunteers to help committees</li> </ul>	
	<p>make it a total of 565 for the year 2024, discussion...favor:12, approved</p> <ul style="list-style-type: none"> <li>• Discussion regarding the Guidelines Review Committee: Pat shares his experience on the committee...discussing structure—open to suggestions on who will be on the committee. Key is experience and new people</li> <li>• Purpose: guidelines shall be reviewed every 5 years for district05</li> <li>• Please attach the district05 guidelines</li> <li>• Last chance to get ahold of Nicholas before he leaves New York :)</li> </ul>	

**Next Meeting:**

**Wednesday, May 8th @ 6:45PM**

**Brian Ba Tradition 5**

**Reports Due:** *Delegates Workshop Discussion/ Open Sharing*

**Closing:**

**Responsibility Statement**

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

# The District 05 View



## A Letter from Nicholas S - Area 74 Delegate

*Greetings Area 74 DCMs, Committee Chairs, and Officers,*

*I am writing you as the 74th General Service Conference has come to a close. All agenda items brought forth this past week are of importance and none carry more spiritual weight than others. It was clear to me from the feedback I received prior to conference and listening to the collective voice of Alcoholics Anonymous this week that the Plain Language Big Book is weighing heavy on the hearts of many in our fellowship. I have already had inquiries from members asking for clarification on what they have heard and I imagine you might as well. I am breaking with our Area practice of reporting on the General Service Conference as a whole during our Area 74 Spring Assembly by sharing an update on this item. I want you to feel that you have some information to accurately answer questions you might receive from those within your groups. I will be giving a full and thorough report at the Spring Conference in May.*

*The General Service Conference Literature Committee did recommend unanimously that the draft manuscript be approved which put the item on the Conference Floor for discussion and vote. Each Delegate on the Conference Literature Committee read the entire book and reported they had ample discussion. The remaining Delegates all had two hours to read the book.*

*The Plain Language Big Book to be title, "Plain Language Big Book: A Tool for Reading Alcoholics Anonymous" was APPROVED by the 74th General Service Conference after 8-hours of Conference discussion by a vote of 91-38 which was 71% of the vote.*

*My experience with this process was incredibly powerful, all voices were heard, the minority spoke, we voted to reconsider, and a final vote was taken. I will share my personal experience with reading of the book and the discussion that was had before the vote in Ashland and any meetings, groups, workshops, districts you invite me to.*

*If you and your GSRs have any questions, please be ready to ask them at the Assembly in Ashland.*

*I look forward to sharing my experience with you at the Spring Conference in Ashland, May 17 – 19, 2024.*

*In love and service,*

*Nicholas Stabenow-Schneider*

*A74/P74 - Delegate*

*delegate@area74.org*

*414-803-9906*

**PAGE 6**





## AREA 74 2024 Dates to Remember

Area 74 –Upper Peninsula of Michigan and Northern Wisconsin

The servants of Area 74 are excited to provide the “Dates to Remember” calendar for the Area 74 Service Structure. We are lucky to live in an area that hosts many conferences, workshops, and fellowship events. As your trusted servants, we sometimes miss the chance to participate in local events because they conflict with the service events you have entrusted us to conduct.

We hope that, by providing the Area 74 Dates to Remember, calendar in early fall; it can be considered as you plan your service and fellowship events for the coming year.

We look forward to seeing you at the following events:

**March 30<sup>th</sup> 2024**

**Winter Assembly – Quality Inn Rhinelander, WI**

**April 14 - 20, 2024**

**73rd General Service Conference, Brooklyn, NY**

**May 17 - 19, 2024**

**Area 74 Spring Conference, District 13, Ashland, WI**

**May 18, 2024**

**Area 74 Assembly, District 13, Ashland, WI**

**May 19, 2024**

**Area Committee Meeting, District 13, Ashland, WI**

**June 7 – 9, 2024**

**East Central Regional Conference & Michigan State Convention, Grand Rapids, MI**

**August 3, 2024**

**Area 74 Area Committee Meeting (OPTIONAL) Virtual**

**Sept 2024 13-15**

**Area 74 Fall Conference, District 4, Holiday Inn, Stevens Point, WI**

**Sept 14, 2024**

**Assembly - Holiday Inn, Stevens Point, WI**

**Sept 15, 2024**

**Area Committee Meeting - Holiday Inn, Stevens Point, WI**

**October 12, 2024**

**Area 74 Assembly – Quality Inn Rhinelander, WI**

**December 7, 2024**

**Area 74 Committee Meeting - Virtual**

# The District 05 View



## REGISTRATION:

To register by mail, fill out and tear off this entire panel mailing information on backside of this panel.

General Admission   
\$25.00

Banquet - Additional   
\$35.00

Includes Comedy Show "We are not a glum lot"

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Any Dietary Restrictions? \_\_\_\_\_

ASL Interpreter or other  
Accommodations Needed? \_\_\_\_\_

Deadline for accommodation requests  
by August 1st, 2024.



**HAVE QUESTIONS? EMAIL  
FALLCONFERENCE2024@GMAIL.COM**

**YOU CAN ALSO REGISTER ONLINE!  
SCAN THE QR CODE BELOW, OR GO TO  
WWW.AAWIDISTRICT04.ORG/EVENT/  
AREA-74-2024-FALL-CONFERENCE/**



SCAN ME

**ACTION IS THE  
MAGIC WORD!**



## **AREA 74 2024 FALL CONFERENCE**

**HOSTED BY DISTRICT 04**

**FEATURING ALANON PARTICIPATION!**

**SEPTEMBER 13-15 2024**

**HOLIDAY INN &**

**CONVENTION CENTER**

**1001 AMBER AVE STEVENS**

**POINT WI**

**715-344-0200**



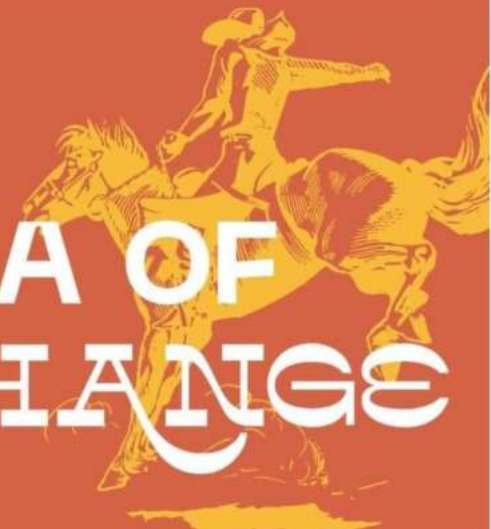
# The District 05 View



JUL \* 4-7 \* 2024 JW MARRIOTT AUSTIN  
110 E 2nd St. Austin, TX 78701

THE 64TH **ICYPAAUSTIN** TEXAS  
INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN AA

PRESENTS:



**ERA OF CHANGE**

BOOK ROOM \* \* REGISTER TODAY

www.the64thicypaa.org

[Conference Website Here](#)

Save the Date!

2025 AA International Convention

July 3-6, 2025



VANCOUVER 2025

Language of the Heart  
Lenguaje del corazón  
Le langage du cœur

AA.org/International-Convention