

The District 05 View



Vol 2022, Oct. issue

Serving AA in Pierce, Pepin, Buffalo, Eau Claire and Trempealeau counties, and portions of Saint Croix, Dunn and Chippewa counties

Step 10: "Continued to take personal inventory and when we were wrong promptly admitted it."

MONTHLY DISTRICT MEETING
Second Wednesday, 6:45 p.m.

All are welcome!

*****ONLINE ONLY*****

Zoom ID: 829 0126 1204

Password: district05

Keep the 7th Tradition Alive!
Support our district with cash or
check . Mail checks to:

District 05, PO Box 1902
Eau Claire, WI 54702

Get an email subscription!

Send an email to:
newsletter@district05.org
with your email address

Young People's Video Project 2022



Dear friends,

How would you carry the message that would relate to the "young" alcoholic who has yet to come to A.A.? We want video submissions from A.A. members. WHY? To carry A.A.'s message to young people in high school, college settings, or any setting. Share your experience!

Deadline for submissions:
November 7, 2022

[Click here for more information](#)

In Fellowship,
Public Information Desk
publicinfo@aa.org

Message from Shane R District Committee Member

Hello district 5,

Thank you to our friends in River Falls for hosting a great workshop on sponsorship the other weekend. It was great to travel out there again and see all of you and I thought the panel was great. We appreciate you hosting events like this.

At our last district meeting, a GSR brought forth a concern from her group about the content of our website (and I believe newsletter) as it pertains to flyers. **The full statement from the group is included in this edition of the newsletter.** Your GSRs were asked to start discussing this in their groups to determine the district's next course of action. As it is, our webmaster and newsletter editor post and publish the flyers that are provided to them, which often come from what is shared to me throughout the month. If specific oversight or parameters are needed with this, the groups will need to define those so that the people tasked with making these flyers accessible to the district know what the groups do and don't want shared. I want to thank the Northside Group for bringing forth this concern as it gets people talking, seeking input from others, researching our literature and traditions, and gives us an opportunity to consider other perspectives and then make an informed decision. This is how the group conscience is formed. *Continued on Page 2*

Tradition 10: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

DCM Update from Page 1 - Shane R.

I am speaking on a panel in **Sturgeon Bay on October 22**. I believe I am traveling out there with our delegate Bryon B. Please let me know if you are interested in attending.

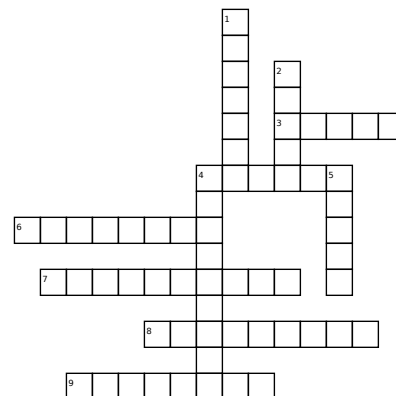
Here are my highlights from the assembly and area committee meeting in September. The full minutes will be available in the next month or so and published in the Area 74 Newsletter.

Committee Reports:

- **Corrections Wisconsin is active.** Our District 5 Corrections Committee should expect some outreach from Hawk M, the chair of Corrections Wisconsin.
- Only 17% of those who receive the **Area 74 Newsletter** actually open the link in their email. I wonder why that is.
- **PI is hosting a virtual workshop on Saturday, November 5 at noon.** Topic is "District Websites" and will be presented by Tim C from Hayward, CA. Tim is part of the National PI & CPC Work Group.
- **There is a vacancy for the Treatment and Accessibilities Chair position.** Please bring this back to your home groups. If someone is willing to serve please have them contact me for additional details.
- **There is a vacancy for a service position on the Structures & Guidelines Committee.** Please bring this back to your home groups. If someone is willing to serve please have them contact me for additional details.
- **There is a vacancy for a service position on the Finance Committee.** Please bring this back to your home groups. If someone is willing to serve please have them contact me for additional details.

Continued on Page 3

Crossword Puzzle



Down:

1. A certain doctor's first name
2. U.S. city as birthplace of A.A.
4. The focal group of Chapter 4, Big Book
5. The prayer of this step asks for the removal of defects

Across:

3. "We ____ and take it easy."
4. The action of Step 9
6. "There is a ____" for we problem drinkers
7. Location of Cathedral visited by Bill W in England during wartime
8. Our daily reprieve is contingent on the maintenance of this condition
9. The gift of page 83-84



DISTRICT 05 PUBLIC INFORMATION COMMITTEE MEETING

A GREAT WAY TO BE OF SERVICE

DESIGN | PSA | INFORMATION BOOTHS | AND MORE

JOIN US THE SECOND MONDAY OF EVERY
MONTH AT 6:15PM

ZOOM ID: 961 8488 4909 PASSWORD: 609156

FOR MORE INFORMATION, EMAIL PI@DISTRICT05.ORG





Concept X: "Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined".

DCM Update from Page 2 - Shane R.

Motions:

- District 18 Motion about rewording the Area Guidelines to disallow the assembly from sending monetary contributions to GSO if it wants to. Yes: 9. No: 39. I voted No. Motion failed.
- Finance Committee Motions about the process of developing the Area 74 Budget: Yes: 44. No: 0. Motion passed unanimously.
- Floor motion to increase the amount of seed money Area 74 budgets for their spring and fall conferences from \$1,000 to \$3,000. Yes: 44. No: 0. Motion passed unanimously.

I was able to secure the bid for District 5 for the Fall 2023 conference. I will have more information at our upcoming meeting on October 15. Please start talking this up with your groups. **This is a great service opportunity.**

Register for the Area 74 2023 Spring Conference.

Of the 10-15 GSRs who usually attend the monthly GSR meetings, I believe 5 attended the assembly this weekend. This is not me shaming those of you who didn't attend so please do not take it that way. But I would be interested to hear why our active district has such low representation at the Area level. If there are barriers we can work through, lack of understanding of the importance, lack of interest, whatever it might be. My role is to help support and encourage you so if there's something I can do please let me know.

Next assembly is October 29 in Three Lakes, WI (also hybrid).

Thank you for the opportunity to serve.

Shane R, DCM
dcm@district05.org

(715) 379-3688



Member Share from Jim

Step Ten:

"Continued to take personal inventory and when we were wrong, promptly admitted it."

As a result of working the steps to this point, I came to appreciate that my problem was centered in my thinking, not in reality.

Step 10 seemed to suggest that I watch for wrongs done to others and "fess up". My ego didn't like that idea much.

I had come to accept that I had one of mankind's most deadly diseases. It was an allergy; an abnormal reaction to alcohol. Once I put alcohol, of any kind, and in any amount, into my body, I get a powerful craving for more.

I came to realize that, even as a small child, I had an allergic (abnormal) reaction to certain forms of reality. I tended to overreact; I was a "Catastrophizer". Once set in motion, I felt a "craving" to overthink. I was a sort of "binge thinker". I think that's where my resentments went to be made. (smile)

I learned that my thinking drives my actions; so I started to practice taking an inventory of my thinking - in real time.

When I sense that I am feeling "restless, irritable or discontent", I ask myself, "what am I concerned about right now; what do I perceive to be a threat?" I'm becoming pretty good at identifying the problem in my thinking. I accept it's MY problem and I don't want to make it a problem for anyone else if I can help it.

I remind myself that I'm probably overreacting. After all, my "allergy" to reality hasn't gone away. It's just sitting there waiting for me to feed it.

I then ask myself:

1. Does this need to be said?
2. Does this need to be said by me?
3. Does this need to be said by me right now?

99% of the time I don't go beyond the first question and revert to the "3 - Ss":

1. Smile
2. Step back &
3. Shut up!

The emotional "cyclone" passes quickly for me now, I can emerge from my mind's "cellar" and say, "Don't see anything the matter here, Jim. Ain't it grand the wind stopped blowin'?"

Jim S.



[District Calendar Click Here](#)

For more info on WICYPAA XXX, please visit <https://wicypaa30.square.site>

WICYPAA Host Committee & SNA present:

HALLOWEEN DANCE

ALANO CLUB 12 - EAU CLAIRE, WI

SATURDAY, OCTOBER 29TH

7PM Fellowship
8PM SPEAKER: JARED H. (Minneapolis)
9PM DANCE followed by a costume contest
\$5 SUGGESTED DONATION

[Online Registration Click Here](#)

Recovery on the River JAMBOREE!

"THE FELLOWSHIP YOU CRAVE"

JOIN US FOR AN INCLUSIVE EVENT PRACTICING RECOVERY, UNITY, AND SERVICE!

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BEST WESTERN PLUS EAU CLAIRE CONFERENCE CENTER
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\$15 WITH PRE-REGISTRATION
\$25 BANQUET DINNER SATURDAY NIGHT!

PANELS * HOSPITALITY ROOM * ICE CREAM SOCIAL * 50/50 RAFFLE

Friday, October 7	Saturday, October 8	Sunday, October 9
Kenneth S., AA, Eau Claire, WI Adam W., AA, Toronto, ON, CA	Julie S., AA, Ames, Bridge City, IA Amy D., AA, Lexington, KY	Jack S., AA, Ames, Fall Creek, WI Paul S., AA, Fall Creek, WI

Register online at www.recoveryontheriver.org or where the form by September 31, 2022 for: Recovery on the River (ROR) 2022 Eau Claire, WI 54701

name: _____
address: _____
city: _____ state: _____ zip: _____
phone: _____ email: _____
check me: ☐ AA News ☐ Address ☐ AA

☐ Contact me about service opportunities ☐ Please check for special accommodations

WWW.RECOVERYONTHERIVER.ORG
REGISTRATION@RECOVERYONTHERIVER.ORG

Registration Fee: \$15
Banquet: \$25
T-Shirt: \$20
Bill W Donations: _____
T-Shirt \$20: (M, L, XL, XXL, XXXL)
Totals Enclosed: _____
Payment Method: ☐ Cash ☐ Check ☐ Credit Card
Check me to mail payable to: "Recovery on the River"

Big Book 4th Step Inventory Workshop

When – Saturday November 5th

Time – 12:30pm to 5pm

Where – River Falls Alano Club

Based on the Big Book using Joe and Charlie 4th step worksheets. You will be working on a 4th Step.

Requirement – must have worked/completed Steps 1-2-3 with a sponsor.

Worksheets, Pen, Water, Coffee and Snacks will be Provided by There is a Solution Big Book Study Group.

Bring your Big Book and Willingness!! Books will be available if you don't have one.

Questions? Call Andy W 651-206-0019 / Gary S 715-425-9973

"How dark is it before the dawn?" pg 8

WICYPAA XXX

Host Committee Meetings
The first Sunday of every month at 4pm

Alano Club 12 | 2926 Pomona Dr. | Eau Claire, WI 54701

WICYPAA is the WI Conference of Young Person's in AA - Young being defined as anyone with room to grow. For more info, visit www.wicypaa.org or e-mail the host committee at wicypaaxxx@gmail.com

ZOOM ID: 705 973 2063
Password: wicypaa

Made with PosterMyWall.com

Letter to District 05 DCM - referenced in Shane R article this month.

District 05

The Northside Group has some concerns about Tradition 6 & 7 as related to District activities related to Flyers and relationship with Alano Club 12.

We have several questions about activities of the district in these areas.

Why does Alano club 12 attend the district meeting? We believe the answer was to share information. It would seem to us that affiliation is direct or at least implied. Clubs are an outside organization "Affiliation of AA Groups with anything outside A.A.", seem clear to us that by allowing any club to be part of the district meeting is affiliation. This would go against tradition 6. This has nothing to say about what activities any club is doing for the benefit of AA members, however good it may seem.

We have been seeing flyers that appear to be non AA/group activities?

Two flyers on the District website are "Recovery on the River Jamboree" and "Recovery Golf-A-Roo". What AA group(s) is this and who are they. Their site doesn't give any information. Seems to be its own organization. The Golf A-Roo is sponsored by the the "Chetek Recovery Retreat"

We are not saying that these things are not good events. Just not directly supported by AA groups and again we would be affiliated with outside organizations. If a group did sponsor the events there would be no issue. We believe there is no transparency or accountability.

Please reconsider this.

The Northside Group.

From the Editor

For my part as Newsletter Editor, thank you to the Northside Group and to Shane R. for their input and guidance. To take from Shane's comments, this is a moment for the groups through their group conscience meetings to discuss the Traditions and determine parameters for what flyers are included in this Newsletter.

Until those discussions take place, this issue leaves in place the flyers that have already been published that may be in question (i.e. Recovery on the River event), but exclude any event flyer that does not carry the A.A. logo nor give an indication as to who the sponsoring AA group might be. I recently read the following information from AA.org which may be interest to readers.

[AA.org PDF](#)

In service,

Claire Z.

newsletter@district05.org



...the best way to begin 2023!

WICYPAA XXX

'How Dark It Is Before The Dawn!' pg. 8

Friday, January 6th - Sunday, January 8th 2023

The Lismore Hotel

333 Gibson St Eau Claire, WI 54701

\$119/night

Call to book your room or use
code "WIC" in Group Rate when
booking online



Name:
Email:
City/State:

Pre Reg
\$15

Bill W Scholarship? Y/N

Special Accomodations:

Venmo your registration information to
@wicypaa or register online at
wicypaa30.square.site

Registration Website



Hotel Website



WICYPAA is the Wisconsin Conference of Young People in Alcoholics Anonymous -
Young being defined as anyone with room to grow. For more information, visit
www.wicypaa.org or email the Host Committee at wicypaaxxx@gmail.com



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The International Journal of Alcoholics Anonymous

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AA Co-Founder Bill W, June 1959,
"An Anniversary Letter", The Language of the Heart

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The Grapevine Staff

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<https://www.aagrapevine.org/sites/default/>

Tell us what you think...



Grapevine is developing a smartphone app for both Grapevine and La Viña magazines.

The app will be a hand-held control center for all things Grapevine and La Viña. Take a look at our list of features and ideas on the right –we want your input and ideas too. Let us know your thoughts.

Email us at
social@aagrapevine.org
Put **"App Ideas"** in the subject line.

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AAGRAPEVINE, Inc.

NEWS RELEASE

ANNOUNCES A PRICE INCREASE ON BOOKS & OTHER CONTENT RELATED ITEMS

August 2022, NEW YORK, NY, AA GRAPEVINE, Inc., the international monthly journal of Alcoholics Anonymous, will add a \$2.49 increase to all books. The top 10 selling books' prices will increase on January 1, 2023, and other books' prices will increase as they go to reprint. Other ancillary items prices will increase on January 1, 2023 as well. The new prices are shown on page 2 of this announcement.

As you know, AA Grapevine does not accept contributions or advertising, and strives to be self-supporting through the sale of magazine subscriptions and Grapevine items. The 2023 price increase will help AA Grapevine, Inc. keep up with the steadily rising costs that all publishers currently face.

AA Grapevine looks forward to and relies on your continued support. If you have any questions regarding this price increase, please contact Customer Relations.

To order books or any other products from our collection, visit us at www.aagrapevine.org and click on Store or call (800) 631-6025 (US/Canada), (847) 559-7327 (International) or fax us at (847) 564-9453.

Discount: 20% discount for orders of \$500.00 or more.

For additional information on **AAGRAPEVINE** visit us at www.aagrapevine.org or contact:

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