

The District 05 View



Vol 2023, JAN issue

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Step 1: "We admitted we were powerless over alcohol - that our lives had become unmanageable."

MONTHLY DISTRICT MEETING
Second Wednesday, 6:45 p.m.

All are welcome!

*****ONLINE ONLY*****

Zoom ID: 829 0126 1204

Password: district05

Keep the 7th Tradition Alive!
Support our district with cash or
check . Mail checks to:

District 05, PO Box 1902
Eau Claire, WI 54702

Get an email subscription!

Send an email to:
newsletter@district05.org
with your email address

Message from Shane R *District Committee Member*

Happy Holidays District 5.

I don't have much to report on this month. Many of us are officially halfway through our service commitments. Others have just joined us. If you do not have a service commitment and are looking to get involved, **we have several committees who could use your support.** Reach out to me for more information.

I hope everyone made it through the Blizzard safely and has a wonderful New Year.

Shane R, DCM
715-379-3688

dcm@district05.org

Alcathon at Club 12

6:00 pm Saturday night on New Year's Eve until ...

6:00 pm New Year's Day!

All welcome!

Join us for snacks, games, and lots of Fellowship.



Member Share - Matt D.

“We admitted we were powerless over alcohol, and that our lives have become unmanageable.” - Step 1

Step 1 of Alcoholics Anonymous didn't come easy for me. Without even knowing it, I fought this step tooth and nail before believing it true for myself. Often this step is broken down into two parts:

- 1) Admitting our powerlessness, and
- 2) Involving the unmanageability of our lives.

I remember a time when my cousin asked a mutual friend and me if we had ever blacked out before, to which my cousin and friend both answered, “once or twice”. At that point I resorted to my usual toolbox of lying and said I was in the same boat, while internally I could only recollect one or two times that I drank and hadn't blacked out! Most of my friends drank like I did, so **blacking out was a regular occurrence** in my circles, so I had never given it too much thought. It never occurred to me that there were people out there who *didn't* black out almost every time they drank!

Thus began my quest to figure out the secret. How does one drink and not black out?

Page 30 of the **Big Book** says,

“...it is not surprising that our drinking careers have been characterized by countless vain attempts to prove we could drink like other people. The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker.”

I was determined to find the trick to not blacking out and tried almost all the methods mentioned on Page 31 of the Big Book... **yet nothing worked**. The answer I came up with by the end of my drinking journey was to simply drink straight whiskey, that way it wasn't too sweet like a mixed drink where it became easy to drink and not know how much alcohol I was actually consuming. Needless to say, that didn't really work either.

The unmanageability in my life was harder to define at given moments compared to others. I mean, when you're in jail or treatment and they tell you when to wake-up, sleep, eat, who you can have contact with, etc., it's pretty clear to see I'm not managing my own life during those times.

But as a self-proclaimed “weekend warrior”, I could usually go through the week (Mon-Thurs) and not drink... a lot. I felt that showed I could manage my life pretty well! But I didn't know about the **mental obsession of alcoholism that is describe in the Doctor's Opinion chapter of the Big Book**. I didn't even realize how much I was obsessing over alcohol throughout the week and how that truly managed my decision making in life. Doesn't everyone constantly plan next weekend's party throughout the week? Why would anyone want to drink a light beer that has less than 5% ABV? Why would anyone want to go to lunch somewhere they can't even order a beer or a cocktail? Should I ditch this friend to go to this party that came up last minute? Alcohol was clearly managing my life and decisions more than I thought. - **continued next page,**



Tradition 1: " Our common welfare should come first; personal recovery depends upon A.A. unity."

Member Share Continued from Page 2

Of course, none of this became clear until I was in the back of another cop car and hearing the disappointment in my parents' voices as I asked them to pick me up from jail... again. Truthfully, it didn't even become clear until I started working with a sponsor, hearing him share his story, and having him help me take an unbiased look at my story.

Today, alcohol no longer runs my life, my Higher Power has that authority and boy am I glad He has that power and no one else.

Matt D.

WICYPAA XXX
"How Dark It Is Before The Dawn!" pg. 8
Friday, January 6th - Sunday, January 8th 2023

The Lismore Hotel
 333 Gibson St Eau Claire, WI 54701
 \$119/night
 Call to book your room or use code "WIC" in Group Rate when booking online

**At Last!!
JAN 6TH-8TH**

Name:
 Email:
 City/State:

Bill W Scholarship? Y/N

Special Accomodations:

Venmo your registration information to @wicypaa
 Registration, hotel, and banquet information can also be found on wicypaa30.square.site

Pre Reg Price
\$20
 (\$25 at the door)

Banquet Dinner
\$25

WICYPAA XXX Website

WICYPAA is the Wisconsin Conference of Young People in Alcoholics Anonymous - Young being defined as anyone with room to grow. For more information, visit www.wicypaa.org or email the Host Committee at wicypaaxxx@gmail.com



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[District Calendar Click Here](#)

District 05 Treatment Committee Workshop

January 22nd, 2023, from 1pm to 3pm

At Alano Club 12

2926 Pomona Dr, Eau Claire, WI 54701

Learn how you can help carry the message of Recovery to
treatment center residents.



DISTRICT 05 PUBLIC INFORMATION COMMITTEE MEETING

A GREAT WAY TO BE OF SERVICE

DESIGN | PSA | INFORMATION BOOTHS | AND MORE

JOIN US THE SECOND MONDAY OF EVERY
MONTH AT 6:15PM

ZOOM ID: 961 8488 4909 PASSWORD: 609156

FOR MORE INFORMATION, EMAIL PI@DISTRICT05.ORG



NOTE: PI Meeting date change for January! The meeting has been moved from the second Monday to January __, 2023. 6:15 pm on Zoom.



Concept 1: "Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship."

Looking Ahead . . . early 2023!

Recovery on the River Jamboree Presents:

The Spirituality of Imperfection

with Roger B - Minneapolis

February 18

9am - 3pm

Alano Club 12

2926 Pomona Dr • Eau Claire, WI

\$10 suggested donation

AA and Al-Anon Welcome

Lunch Provided

"Life is about change. Sometimes it's painful, sometimes it's beautiful, but most of the time it's both."



WWW.RECOVERYONTHERIVER.ORG

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63rd Annual

ALANO CLUB 12 GALA

**LISMORE
HOTEL**

333 Gibson Street
Eau Claire, WI 54701

SATURDAY, MARCH 11, 2023

DOORS OPEN @4:30 P.M.

DINNER @5:30 P.M.

TICKETS: \$35/PERSON

Guest Speakers

Al-Anon: Monica C. | Milwaukee, WI

AA: Cameron M. | Madison, WI

SUNDAY, MARCH 12, 2023

SPEAKER & BRUNCH EVENT

DOORS OPEN @10:00 A.M.

SUGGESTED DONATION: \$5/PERSON

Guest Speaker

AA: Pat I. | Plover, WI

**ALANO
CLUB 12**

2926 Pomona Drive
Eau Claire, WI 54701

Ticket sales begin at the end of January
For more information, call: Beata M. 715-338-6167