

The District 05 View



Vol 2024, APR issue

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

Tradition 4: "Each group should be autonomous except in matters affecting other groups of A.A. as a whole."

Message from our Pat T - District Committee Member

Hello All,

It has been another busy month. We had our first monthly GSR meeting at our new location. It went well. We had 29 people in attendance. 10 people online and 19 people in-person, including 12 GSRs. We filled all our vacant officer and committee chair positions. I attended meetings in Bay City, Eleva and Eau Claire. It is nice going to meetings I have not been to before. I have met many new friends. There is one more Delegate office hours scheduled in April (see page 3 for details or **The Area Now and Then** for login information. I will have attended the Winter Assembly in Rhinelander by the time the View is released, finishing the Agenda Item discussions for the time being. Please look for information following Nicholas' return from New York in April. I am learning that familiarizing myself with the current agenda items and background information will help for future discussions about GSC agenda items. The March District Meeting Minutes have links to 2 videos that I found very helpful in understanding the Big Book writing discussions and the process for agenda items to reach the General Service Conference. The minutes are including in this publication. I am growing each day as I learn more about the AA program. I am grateful for the opportunity to be of service to District 05.

Regards,

Pat T

70 GSC Big Book Presentation***

<https://vimeopro.com/user112910871/big-book-riptab/video/500617913>

The Path of the General Service Conference Agenda Item

<https://player.vimeo.com/video/780142319>

District 05 of Area 74

Monthly GSR Meeting

2nd Wednesday of each month.

In-person and virtually.

6:45 PM

In-Person

Alano Club 12

2926 Pomona Drive

Eau Claire, WI 54701

Zoom Meeting Id: 829 0126 1204

Password: district05

To learn about various agenda items and reports from Area 74, please access their website at the link below.

[Area 74 Website](#)

DISTRICT 05 THE VIEW NEWSLETTER

Send an email to: newsletter@district05.org to request a digital copy in your inbox each month.

AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email nowandthen@area74.org



Step 4: *"Made a searching and fearless moral inventory of ourselves."*

Member Share - Step 4, Brian L.

A lot of people say we should not talk about Step 4 as something scary or hard, because a newcomer might be afraid to take this important step. But from my experience, I needed to learn that sometimes the hard way is worth it. Like many others, I experimented with different ways to deal with my "drinking problem": from trying to control my drinking to reading all sorts of self-help books. I sought all the easy ways and half measures. I first attended AA 8 years before I finally got sober in 2021. If someone had told me that there is an easy way to do Step 4, I would have attempted it and as soon as I struggled, I would have abandoned it.

I had to become desperate enough to be willing. In February of 2021, the pain finally became so unbearable that I found myself in AA again, speaking to an old timer. For some reason, this time was different. All I can remember from that conversation after the Monday Night Big Book Study was one word ... willingness, and I decided that this time I would be willing.

Was I scared to do Step 4? Yes. Who wants to write down all their resentments, fears, and harms done to others? Was it hard for me to do the work of Step 4? Yes. I didn't want to take an honest look at myself. So why did I do a 4th step inventory then? I did it because of all the people who came before me and told me that although it is difficult, it will keep me sober and be a building block for a life of happiness, joy and freedom.

I was willing to listen to others and do the hard work. I had learned from working Steps 1-3 that my feelings are important, but sometimes it doesn't matter how I feel; what matters is what I do. Working Step 4 taught me so much about myself and showed me the truth of who I was. It allowed me to work the rest of the steps and to practice this program in my life. Working this step is part of the reason that I have a life that is so much better than I could have imagined when I first came to AA. When I got here, I just wanted the pain and suffering to end, but if I had gotten that, I would have sold myself short of so much life had to offer.

One important piece of advice I heard early in my sobriety was that I do not need to be ready for all the steps right now, I just need to work on the step that is in front of me and trust I will be ready for each step as I get to it. My experience taught me that Step 4 is a little scary and a little hard, but it is worth it.

Brian L.

The District 05 View



Concept 4: "At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

Area 74 Delegate Virtual Office Hours:

Zoom ID: 884 1963 8197

Passcode: Delegate

April 2nd 5pm – 7pm CST

April

ASK YOUR AREA 74 DELEGATE: - NICHOLAS S.

During my term as Delegate, I will share with you, the Fellowship of Area 74, questions that I get asked each month and my reply. I believe that if one person, group, committee has that question, others will as well.

"Isn't the Plain Language Big Book changing the founder's writings?" - Member of Alcoholics Anonymous.

The pending Plain Language Book of Alcoholics Anonymous is a translation of the 4th Edition of the Big Book of Alcoholics Anonymous into Plain and Simple Language. To learn more about Plain and Simple Language one can look up the Plain Writing Act of 2010. Members of the 73rd General Service Conference were able to view the 1st couple of chapters of the translation. This year, each member of the conference will have 90-minutes to review the translation which has been completed. Before the book is published the conference must approve it with substantial unanimity."

Have a question?

Email it to delegate@area74.org Call / Text 414-803-9906

Social Media and Anonymity Survey

Please consider taking this questionnaire and please share the link with members in your area so we can collect more shared experience from the Fellowship.

Note: the questionnaire will close on April 10, 2024



District Events Calendar Here

All District event flyers for upcoming and future months can be accessed at the link above (<http://district05.org/events>). Hover your mouse over the name of the event (to the right of the date), and the flyer will open!

Eleva Step Group Annual Western WI. Traveling Potluck & Open Speaker Meeting

Saturday April 13, 2024

- Potluck Supper and Fellowship at Eleva Lutheran Church
- 50533 S. 2nd St. (one block west of HWY 93 on W. Pine St.)
- Hot Beef sandwiches will be provided
- *** Please bring a dish to pass! ***

Schedule of Events

3:30 PM - 4:30 PM Sponsored by District 05
Corrections Panel/Workshop

4:30 PM - 5:00 PM Social Hour

5 PM Potluck Supper

6 PM Al-Anon Speaker: Jenna K. (EC)

7 PM AA Speaker: Orielle H. (EC)

For more information: Contact Dennis Turner (715-318-3397)



**April 19-21 2024,
Superior Curling Club**

\$25 tickets; under one
year sobriety free

Find us on at

77th Superior Roundup

PARTICIPATION & ACTION

Friday

3:00p Coffee & Welcome
5:00p Open AA Meeting
7:00p AA Speaker,
Anna V, Eau Claire
Ice Cream Social to Follow

Saturday

9:00a Coffee & Welcome
10:00a Yoga Y12SR
12:00p Meditation Workshop,
Richard M
2:00p Young in Sobriety **panel**
3:15p Talking Circle,
John D

Saturday cont....

6:15p Al Anon Count Down
6:30p Al Anon Speaker:
Jenny I, Michigan
7:30p AA Count Down
8:00p AA Speaker
Roger B, Minneapolis
Dance & Photo Booth
DJ, Ryan R

Sunday

9:30a ACA Meeting
11:00a AA Speaker, TBA

Thank you Are 35!



The District 05 View



**District 05 GSR Meeting Minutes
Wednesday March 13th, 2024
6:45 p.m. – 8:45 p.m. (Zoom)**

**Keep the 7th
Tradition Alive!**
Support our district
with cash or check .

Mail checks to:

District 05, PO Box
1902

Eau Claire, WI
54702

Opening: Serenity Prayer – 15 GSR'S Present - - - Tradition 3 – Patty Eleva Step Group
Welcome: Introductions, Anniversaries, Speaking Engagements, Review of Membership Guidelines

<p>Reports (3-5 minutes each)</p> <p><i>Note: Email reports to secretary prior to monthly GSR meetings</i></p>	<p>Officers</p> <ul style="list-style-type: none">• DCM (Pat T)<ul style="list-style-type: none">○ I have been working with other officers at District 05 to best communicate and disseminate information.○ I attended the Delegates Workshop held at St Stephen Lutheran Church in Wausau.○ I visited several meetings in our District that I have never been to. It is amazing how I see people I have never met in the 12 years in the EC area. I am offering District information and providing current information. As always, I have yet to be at a bad meeting. My goal is to attend as many meetings in District 05 as possible, during my term as DCM. I am using the meeting list maintained by our Webmaster, which appears in the Meeting Guide App. The list is available on district05.org. If your group or meeting is missing or has incorrect information, please contact the webmaster@district05.org and complete a group change form with any updates.○ I am using my printer for District printing. I am submitting expenses for paper at this point. The next time I need ink I will submit expenses for that. In addition, I submitted mileage for reimbursement to meetings and area travel. I have a printer that prints economically and am happy to print on request.○ Please reach out to your groups to find nominations to fill our vacancies. Literature and Grapevine.○ We are still looking for a secretary, Taylor will try and help the best he can, but the sooner we find a permanent replacement the better. Discuss with potential candidates and have them come to District meeting where we can vote on nominations.
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	<ul style="list-style-type: none"> ○ If you have Items for the agenda for District meeting, please let me know. I am going to try and send out the agenda 1 week prior to the meeting. ● Alt. DCM (Courtney R.) <ul style="list-style-type: none"> ○ Sent information to the March Newsletter ○ Working with Patty on Eleva Step Group ○ Traveling Pot Luck; Encouraging GSR's to take back to Group. ● Secretary (Taylor H) <ul style="list-style-type: none"> ○ Minutes Approved, GSR Passed. ● Treasurer (Kaufua) <ul style="list-style-type: none"> ○ Detailed report circulated. Balances: Sav = \$611.04 Check = \$4234.14 *** Report approved unanimously. 	
Open Mic (2 minutes each)		
Old Business:	<ul style="list-style-type: none"> ● Contact changes to secretary@district05.org ● Nominations for positions/ voting ● 2 Nominations for Secretary, Joe Nominated and Approved. ● Jake R Nominated and Approved for Literature Chair. ● Brian B Nominated and Approved for Grapevine Chair. ● Flyers to newsletter@district05.org, webmaster@district05.org ● Contact information to secretary@district05.org and dcm@district05.org <p>70 GSC Big Book Presentation***</p> <p>https://vimeopro.com/user112910871/big-book-riptab/video/500617913</p> <p>The Path of the General Service Conference Agenda Item</p> <p>https://player.vimeo.com/video/780142319</p>	
New Business		
	<ul style="list-style-type: none"> ● New Somerset meeting ● Nominations for Secretary, Literature, and Grapevine ● A/V setup 	

Next Meeting:

Wednesday, April 10th @ 6:45PM

Courtner R. Tradition 4

Reports Due: *Delegates Workshop Discussion/ Open Sharing*

Closing:

Responsibility Statement

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."



AREA 74 2024 Dates to Remember

Area 74 –Upper Peninsula of Michigan and Northern Wisconsin

The servants of Area 74 are excited to provide the “Dates to Remember” calendar for the Area 74 Service Structure. We are lucky to live in an area that hosts many conferences, workshops, and fellowship events. As your trusted servants, we sometimes miss the chance to participate in local events because they conflict with the service events you have entrusted us to conduct.

We hope that, by providing the Area 74 Dates to Remember, calendar in early fall; it can be considered as you plan your service and fellowship events for the coming year.

We look forward to seeing you at the following events:

March 30th 2024

Winter Assembly – Quality Inn Rhinelander, WI

April 14 - 20, 2024

73rd General Service Conference, Brooklyn, NY

May 17 - 19, 2024

Area 74 Spring Conference, District 13, Ashland, WI

May 18, 2024

Area 74 Assembly, District 13, Ashland, WI

May 19, 2024

Area Committee Meeting, District 13, Ashland, WI

June 7 – 9, 2024

East Central Regional Conference & Michigan State Convention, Grand Rapids, MI

August 3, 2024

Area 74 Area Committee Meeting (OPTIONAL) Virtual

Sept 2024 13-15

Area 74 Fall Conference, District 4, Holiday Inn, Stevens Point, WI

Sept 14, 2024

Assembly - Holiday Inn, Stevens Point, WI

Sept 15, 2024

Area Committee Meeting - Holiday Inn, Stevens Point, WI

October 12, 2024

Area 74 Assembly – Quality Inn Rhinelander, WI

December 7, 2024

Area 74 Committee Meeting - Virtual

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REGISTRATION:

To register by mail, fill out and tear off this entire panel mailing information on backside of this panel.

General Admission
\$25.00

Banquet - Additional
\$35.00

Includes Comedy Show "We are not a glum lot"

Name: _____

Address: _____

Phone: _____

Email: _____

Any Dietary Restrictions? _____

ASL Interpreter or other Accommodations Needed? _____

Deadline for accommodation requests by August 1st, 2024.



ACTION IS THE MAGIC WORD!



**HAVE QUESTIONS? EMAIL
FALLCONFERENCE2024@GMAIL.COM**

**YOU CAN ALSO REGISTER ONLINE!
SCAN THE QR CODE BELOW, OR GO TO
WWW.AAWIDISTRICT04.ORG/EVENT/
AREA-74-2024-FALL-CONFERENCE/**



AREA 74 2024 FALL CONFERENCE

**HOSTED BY DISTRICT 04
FEATURING ALANON PARTICIPATION!**

**SEPTEMBER 13-15 2024
HOLIDAY INN &
CONVENTION CENTER
1001 AMBER AVE STEVENS
POINT WI
715-344-0200**




The District 05 View



JUL * 4-7 * 2024 JW MARRIOTT AUSTIN
110 E 2nd St. Austin, TX 78701

THE BATH **ICYPAAUSTIN** TEXAS
INTERNATIONAL CONFERENCE OF YOUNG PEOPLE IN AA

PRESENTS:



ERA OF CHANGE

BOOK ROOM * * REGISTER TODAY

www.the64thicypaa.org

[International Conference Website Here](#)

Save the Date!

2025 AA International Convention

July 3-6, 2025



VANCOUVER 2025

Language of the Heart
Lenguaje del corazón
Le langage du cœur

AA.org/ International-Convention