



Step 6: "Were entirely ready to have God remove all these defects of character."

MONTHLY DISTRICT MEETING
Second Wednesday, 6:45 p.m.
NOW HYBRID!

IN PERSON AT
THE MENOMONIE LEISURE CENTER
1412 6TH ST. E
MENOMONIE, WI 54751

Zoom ID: 829 0126 1204
Password: district05

All are welcome!

Keep the 7th Tradition Alive! Support our district with cash or check . Mail checks to:

District 05, PO Box 1902 Eau
Claire, WI 54702

Get an email subscription!

Send an email to:
newsletter@district05.org with
your email address

Message from Shane R District Committee Member

Greetings District 5!

Our monthly GSR meetings are officially hybrid! Our first meeting in May was a success. It was great to be back at the Menomonie Leisure Center sharing coffee, flyers, and bad jokes with fellow alcoholics. The first district meetings my sponsors drug me to where were here so it's nostalgic for me.

I'm happy to report that Jim P was elected chair of CPC and will be forming a committee. You can contact him directly at cpc@district05.org.

Reminder that **we are still looking for a new webmaster.** Please contact webmaster@district05.org for more information.

I am writing this report at the spring conference in Green Bay. I am surrounded by people I relate to and people I love and who love me. You have become my family. As I write this, my heart is full and I'm incredibly grateful for these opportunities. I owe my life to AA and to all of you.

Thank you for allowing me to serve.

Shane R, DCM
dcm@district05.org
715-379-3688



Tradition 6 "An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise lest problems of money, property and prestige divert us from our primary purpose."

Member Share on Step Six - Brittany K

The 6th step marks a turning point in my recovery process, as it requires me to confront my shortcomings and be willing to let go of my defects of character. **It is a transformative step that leads to personal growth, self-acceptance, and spiritual development.**

When I first embarked on Step 6, I felt a mix of worry and hope. Worry because facing my defects of character meant confronting the darker aspects of myself, the flaws that contributed to my addiction. Hope because I knew that this step held the key to unlocking a healthier, more fulfilling life. **I was ready to shed the weight of my defects and become the person I was meant to be.**

In the beginning, it was essential for me to take an honest and fearless inventory of my character defects. I had to look deep within myself and identify patterns of behavior and attitudes that hindered my progress. I discovered traits like **selfishness, pride, resentment, and dishonesty**. Seeing these defects on paper was humbling and eye-opening. It brought me face to face with the aspects of myself that I had been avoiding for so long.

Once I identified my defects, the next step was to become entirely ready to let go of them. This required a shift in perspective and a willingness to change. I had to surrender to the idea that my old ways of thinking and behaving were no longer serving me.

The process of becoming entirely ready was not easy. It involved a lot of soul-searching, self-reflection, and humility. It was crucial to remind myself that letting go of these defects would ultimately lead to a more **authentic and fulfilling life**. I sought support from my sponsor, attended meetings, and leaned on the fellowship of AA for guidance and encouragement.

Today, as I reflect on my experience with Step 6, I am filled with gratitude. I am grateful for the courage to face my defects, the willingness to let go, and the support of the AA fellowship. **Through this step, I have gained a deeper understanding of myself, developed healthier relationships, and grown spiritually.** I continue to work on my defects, knowing that recovery is a lifelong journey.

Step 6 taught me that transformation is possible when we are willing to confront our defects and release them with the help of a higher power. It is an invitation to embrace our true potential and live a life free from the constraints of our character defects. **My experience with this step has shown me that the path to recovery is not only about abstaining from alcohol but also about becoming the best version of myself.**

Brittany K.

Concept VI "The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board."

SERVICE OPPORTUNITY

DISTRICT 5 WEBMASTER



ALL MEMBERS OF DISTRICT 5 ARE WELCOME TO SERVE. TWO YEARS CONTINUOUS SOBRIETY SUGGESTED. TECHNICAL SKILLS/WORKING KNOWLEDGE OF WEBSITE MANAGEMENT PREFERRED.

PLEASE CONTACT WEBMASTER@DISTRICT05.ORG FOR MORE INFORMATION.



CHIPPEWA VALLEY INTERGROUP

LOOKING FOR VOLUNTEERS

SEARCH CRITERIA

- Willing to participate & have fun!
- Represent your home group
- Attend one ZOOM monthly meeting
- <https://us04web.zoom.us/j/477613530>
 - Meeting ID: 477 613 530
 - Last Wed. each month, 6:00 pm
- Feel a part of.. and give back

JOB DESCRIPTION

Coordinates staffing & answering of the 24/7 help line
Maintains & makes available AA meeting lists & information
Facilitates AA 12th Step calls
Maintains inventory of popular conference approved literature for sale to groups, and facilitates large special purchases to reduce costs. Provides literature support for new group start ups. Maintains a web site
Cooperates with AA Districts and Area functions
Special Projects--like CVIG annual Unity Picnic!



ABOUT CVIG

The Chippewa Valley Intergroup is a recognized part of Alcoholics Anonymous that parallels and complements the AA Conference service structure. CVIG is dedicated to helping the still suffering alcoholic find a solution.

MORE INFORMATION

📞 715-835-5543 🌐 <https://chippewavalleyintergroup.org>

The District 05 View



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[District Calendar Click Here](#)

Meeting Notices from Facebook

"Each Day a New Beginning" women's meeting will be meeting in Owen Park in Eau Claire throughout the summer.

If it will be at least 60 degrees by 10:00 a. m., you will find us near the bandshell each Saturday. morning at 10 o'clock.

The Illuminate Recovery meditation meeting will be meeting at Rod and Gun park at 8 pm for the summer. All are welcome, we hope to see you there :)



**DISTRICT 05
PUBLIC
INFORMATION
COMMITTEE MEETING**
A GREAT WAY TO BE OF SERVICE

DESIGN | PSA | INFORMATION BOOTHS | AND MORE

**JOIN US THE SECOND MONDAY OF EVERY
MONTH AT 6:15PM**

ZOOM ID: 961 8488 4909 PASSWORD: 609156

FOR MORE INFORMATION, EMAIL PI@DISTRICT05.ORG



THE GAY CHATTER

presents

A WESTERN WISCONSIN TRAVELING POTLUCK BRUNCH

AND 6TH ANNIVERSARY EXTRAVAGANZA!

Sunday, June 25 | 9:30 AM - 12:30 PM
Boyd Park Pavillion
1202 Fairway St, Eau Claire, WI

BRUNCH | 9:30 AM - 11:30 AM
PANEL | 11:30 AM - 12:30 PM

"To thine own self be true":
Living Authentically through AA
Sean M | Beata M | Jenni Tee | Mystery

**BRING A BRUNCH DISH TO PASS
INCLUSIVE EVENT**

QUESTIONS? CONTACT JOE P. (HE/HIM): 608.957.4040

The District 05 View



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AA Goes to the Fair!

**NOW SEEKING VOLUNTEERS
JULY 12TH-16TH**

The purpose of Public Information for Alcoholics Anonymous is to carry the message of recovery to the still suffering alcoholic by informing the general public about the A.A. program.

In that spirit, The District 05 Public Information Committee will be returning to the Northern Wisconsin State Fair, July 12th-16th.

We are seeking volunteers to help staff the AA booth. Shifts will run 2-3 hours each and you will never be alone.

For more information or to sign up, please email
pi@district05.org

CLUB 12 ANNUAL PICNIC!

Join us!

**SUNDAY
AUGUST 13, 2023
11 AM - 2 PM**

Fellowship & Fun! Open to All!

Delicious

**Brats
Hotdogs
Chicken**



**Bring a
dish
to pass
or a
donation!**



Location:

**Birch Pavillion
Carson Park
Eau Claire**